



**Sacred Heart Parish Church**  
 Roman Catholic Diocese of Armidale  
 81 Vivian St. Inverell, NSW 2360 (P. O. Box 107)  
 Email: [inverellparish@armidale.catholic.org.au](mailto:inverellparish@armidale.catholic.org.au)  
 Phone 67221103

**PRIESTS:** FR JAMES POOVATHINKAL MS. P.P., VF  
 FR JAYARAJ GORANTLA AP  
**PPC Chair:** Mrs Sharon Hollis  
**Holy Trinity Principal:** Mrs Jillian Rainger—67224066

**Parish Secretary:** Mrs Noela Turner—67221103.  
**Office Hours**  
 Mon & Fri 8am—1pm; Thurs 8am—12 noon



## PARISH SCHEDULE THIS WEEK

Sick calls as usual. Please call 67221103 OR 0428126703 if you would like Fr James to come for confession, communion etc. He is free to do this now with the easing of the restrictions in NSW allowing more visitors.  
 Baptisms (50 people), Weddings (20 people) by appointment with Fr James  
 Funerals (50 people).

### PLANNED GIVING PROGRAM FOR THE SUPPORT OF YOUR PRIESTS AND YOUR PARISH

Those who contribute by envelope and would like to convert to direct debit are invited to come during office hours to fill in their forms (social distancing will be observed). If you would like to continue with your envelopes, please leave at the presbytery. If possible leave in office hours. Alternatively you may like to make the transfers yourself: Please make sure you put your name in the reference section

**First Collection:** Presbytery for priest upkeep  
 BSB 082105 A/C 001023550

**Second Collection:** Church for running costs  
 BSB 082105 A/C 001001010

We are sure that you will understand that normal running expenses will have to be met and ask for you usual generous support.

Thank you to those who have responded already. Your support is greatly appreciated

**OUR VISION AND OUR MISSION:**  
 We as a PARISH, try to live out our  
**VISION:** To continually form a Christ-centred community based on the Gospel Values expressed through SERVICE in peace, justice and love.  
**MISSION:** To know Christ more, His life and His teachings. To imbibe Christ's message of love and service. To try to share generously what graces and



**Holy Souls in Purgatory, Michael Turner.**  
**Intentions of Sr Leo Clancy, Margaret Palmer**

**WE PRAY FOR THE SICK**  
 Julie Ellis, Mary Kramer, Baby Isabel Akhil, All those with the Corona Virus, Terry Hopgood, Joan Hiscox, Paul Saint, Debrah Brown, (sister of Margaret Jones) Kerrie O'Keeffe, Carmel Hooper, Sr Leo (Josie) Clancy, Alana Goldman, Rhonda Lee Watts (daughter of Phyllis Nichols) John Sanders, David Sanders, Rex Parry, Jeanette Rennie, Danny Dickins, Katrina Newbiggin, Bob Kneipp. Brian Barker, Dorothy Ball, Denise Taveira, Joanne Essey, Graham Tom, Fred Boight, Agnes Hannigan **the sick members of our parish whose names are not listed here.**

**We Pray for the Recently Deceased & Anniversaries**  
 Sr Margaret Gleeson rsm, Leslie Kennedy, Sue Spackman, Stephano Banchong, Sam Asara, Murray Marshall, Patricia Durkin, Yvonne Hawkins, Sr Theresa Noon, Cleo Campagner, Nolene Lane, John Harmon (brother of the Harmon family) Gail King, Teresa (Clancy) Conroy, Fr Bernie Melville, Pat Stewart, Sr Anne O'Brien rsm (aunt of Shayne O'Brien) Eileen O'Brien, Sr M. Bernard Morton, Phil John Moore, Alan Matthews, Thomas Hanley, Mary Robbins, John Lennon, Veronica Hutchins, **Eternal life grant unto them Oh Lord ..... May their souls and all the faithful departed rest in peace.**

**POPE FRANCIS PRAYER TO MARY DURING THE CORONAVIRUS PANDEMIC**  
 O Mary you always shine on our path as a sign of salvation and of hope. We entrust ourselves to you, Health of the Sick, who at the cross took part in Jesus' pain, keeping your faith firm. You, Salvation of Your People, know what we need, and we are sure you will provide so that, as in Cana of Galilee, we may return to joy and feasting after this time of trial. Help us Mother of Divine Love, to conform to the will of the Father and do as we are told by Jesus, who has taken upon himself our sufferings and carried our sorrows to lead us, through the cross, to the joy of the resurrection. Amen. Under your protection we seek refuge, Holy Mother of God. Do not disdain the entreaties of we who are in trial, but deliver us from every danger, O glorious and blessed Virgin. Amen

## JUNE 14, 2020—FEAST OF CORPUS CHRISTI / YEAR A

**ACT OF SPIRITUAL COMMUNION**  
 My dearest Jesus,  
 I believe that you are present in the Most Holy Sacrament .  
 I love you above all things and I desire to receive you into my soul. Since I cannot, at this moment, receive you sacramentally, come at least spiritually into my heart.  
 I embrace You as if You were already there and unite myself wholly to You.  
 Never permit me to be separated from You. Amen

From June 1 restrictions have been eased and we can now have 50 people at Mass. If you attend on weekdays, this will fulfil your obligation. Please ring or email the office on 67221103 or [inverellparish@armidale.catholic.org.au](mailto:inverellparish@armidale.catholic.org.au) to book in for WEEKEND MASSES only. No need to book for weekdays.

**Mass Schedule**  
 MONDAY AND FRIDAY 9am Rosary. 9.30am Mass  
 WEDNESDAY AND THURSDAY 11.30am Rosary 12n Mass  
 Please note: there will be no Mass on TUESDAY 16TH June

Saturday 20/6	Confessions 8am – 9am Inverell Mass 9am Tingha Mass 4pm Inverell Mass 5.30 pm
Sunday 21/6	Inverell Mass 9am and 5.00pm Ashford Mass 11am
Saturday 27/6	Confessions 8am – 9am Inverell Mass 9am Tingha Mass 4pm Inverell Mass 5.30 pm
Sunday 28/6	Inverell Mass 9am and 5.00pm Bundarra Mass 11am Inverell Mass 5.00 pm

**CONTACT SHEETS**  
 All those attending Masses are required to place their name and details on the contact sheet at the door. This a Health requirement for tracing purposes in case of a

**PARISH PASTORAL COUNCIL MEETING WILL TAKE PLACE ON MONDAY, JUNE 22 AT 5PM IN THE MEETING ROOM**

**PRAYER OF MARY HELP OF CHRISTIANS**  
 O Immaculate Mary, Help of Christians, Queen of heaven and earth, and tender Mother of humanity, at this time when a pandemic threatens all your children, we entrust to you our nation, Australia, and all who live in this country.  
 We commit to your intercession all the members of our community, beginning with the weakest ones, from the unborn to the sick, the disabled and the elderly.  
 We commit to you our families, our young and old, and all who are vulnerable, those who are quarantined or anxious.  
 We entrust to your Immaculate Heart those who have lost their livelihood or employment, our pastors and other essential service workers, and our leaders at this time.  
 We implore your intercession especially for the protection of doctors and nurses and those who minister to the contagious sick in this crisis.  
 Reign over us, Mother of God, and teach us how to make the Heart of Jesus reign and triumph in us and around us, as it has reigned and triumphed in you!

**Armidale Diocesan Investment Group**  
**The parish has received our annual ADIG Grant of \$42,655.**

Some interesting statistics about the work of the group:

1.	Diocesan Distribution	\$1,473,000
2.	Parish Grants	\$630,000
3.	Parish Capital Works Fund	\$20,000
4.	Armidale Clergy Fund	\$200,000
5.	Special Distribution	\$1,000,000

Total \$3,323,000

For information on the work of the Group please go to [www.adig.com.au](http://www.adig.com.au)

A reading from the holy Gospel according to John.

*My flesh is real food and my blood is real drink.*

Jesus said to the Jews:

‘I am the living bread which has come down from heaven.

Anyone who eats this bread will live for ever; and the bread that I shall give is my flesh, for the life of the world.’

Then the Jews started arguing with one another: ‘How can this man give us his flesh to eat?’ they said. Jesus replied:

‘I tell you most solemnly, if you do not eat the flesh of the Son of Man and drink his blood, you will not have life in you.

Anyone who does eat my flesh and drink my blood

has eternal life,

and I shall raise him up on the last day.

For my flesh is real food and my blood is real drink.

He who eats my flesh and drinks my blood lives in me and I live in him.

As I, who am sent by the living Father, myself draw life from the Father,

so whoever eats me will draw life from me.

This is the bread come down from heaven; not like the bread our ancestors ate:

they are dead,

but anyone who eats this bread will live for ever.’

### ■ The Gospel of the Lord.

#### A SERVICE OF THE SOCIETY OF ST PAUL

Reproduction of this bulletin in any form prohibited. Published with ecclesiastical approval by ST PAULS PUBLICATIONS, PO Box 906, Strathfield NSW 2135. Tel 02 9394 3400 Fax 02 9746 1140. Scripture readings from the Jerusalem Bible, published and 1966, by Darton, Longman and Todd Ltd and Doubleday & Co. Inc. are used by permission of the publishers. Psalm text from The Psalms, A New Translation, © 1963, The Grail (England), HarperCollins. New translation of the Order of Mass from The Roman Missal © 2010, International Commission on English in the Liturgy Corporation. All rights reserved. Artwork by Sr Dorothy Woodward rsj. Layout, commentaries and illustrations © St Pauls Publications, 2017. No 1670. Website: www.stpauls.com.au

# Reflections on the Gospel

# THE SAVING WORD

THE MOST HOLY BODY AND BLOOD OF CHRIST (CORPUS CHRISTI) / A

### THE GIFT PAR EXCELLENCE

When Jesus ascended on high, he gave gifts to his followers. To the community of believers, he gave some people as apostles, and others as prophets, evangelists, pastors and teachers (Eph 4:8, 11). But the greatest gift that Jesus gave is his very self. This is made possible through the sacrament of the Eucharist which we celebrate with solemnity in today’s feast of *Corpus Christi*. Saint John Paul II points this out: ‘The Church has received the Eucharist from Christ her Lord not as one gift however precious among so many others, but as the gift par excellence, for it is the gift of himself, of his person in his sacred humanity, as well as the gift of his saving work’ (*Ecclesia de Eucharistia*, 11).

Today’s Gospel speaks of the mystery of Jesus’ person. When Jesus declared, ‘My flesh is true food, and my blood is true drink’, many in the crowd, including some of his disciples, could not accept that he was from God, the bread come down from heaven. Peter, however, expresses his faith (on behalf of the believing disciples and the Church throughout history): ‘Lord, to whom shall we go? You have the message of eternal life, and we believe; we know that you are the Holy One of God’ (Jn 6:68).

The Eucharist is indeed a mystery that demands faith. The sacrifice of Christ and sacrifice of the Eucharist are one single sacrifice... It is a sacrifice of praise in thanksgiving for the work of creation... it is also the memorial of Christ’s Passover, and the making present and the sacramental offering of his unique sacrifice, in the liturgy of the Church which is his Body’ (*CCC no. 1359, 1362, 1367*). The whole Church together with Christ enters into the hidden mystery and anticipates the heavenly banquet.

### FIRST READING

Deut 8:2-3, 14-16

A reading from the book of Deuteronomy

*He gave you food which you and your ancestors did not know.*

Moses said to the people: ‘Remember how the Lord your God led you for forty years in the wilderness, to humble you, to test you and to know your inmost heart – whether you would keep his commandments or not. He humbled you, he made you feel hunger, he fed you with manna which neither you nor your fathers had known, to make you understand that man does not live on bread alone but that man lives on everything that comes from the mouth of the Lord.

‘Do not then forget the Lord your God who brought you out of the land of Egypt, out of the house of slavery: who guided you through this vast and dreadful wilderness, a land of fiery serpents, scorpions, thirst; who in this waterless place brought you water from the hardest rock; who in this wilderness fed you with manna that your fathers had not known.’

### ■ The word of the Lord.

#### RESP PSALM

Ps 147:12-15, 19-20. R. v. 12

**R. Praise the Lord, Jerusalem. (or Alleluia!)**

1. O praise the Lord, Jerusalem! / Zion, praise your God! / He has strengthened the bars of your gates, / he has blessed the children within you. **R.**

2. He established peace on your borders, / he feeds you with finest wheat. / He sends out his word to the earth / and swiftly runs his command. **R.**

3. He makes his word known to Jacob, / to Israel his laws and decrees. / He has not dealt thus with other nations; / he has not taught them his decrees. **R.**



### SECOND READING

1 Cor 10:16-17

A reading from the first letter of St Paul to the Corinthians

*Though we are many, we form a single body because we share this one loaf.*

The blessing-cup that we bless is a communion with the blood of Christ, and the bread that we break is a communion with the body of Christ. The fact that there is only one loaf means that, though there are many of us, we form a single body because we all have a share in this one loaf.

### ■ The word of the Lord.

#### GOSPEL ACCLAMATION

Jn 6:51-52

Alleluia, alleluia! / I am the living bread from heaven, says the Lord; / whoever eats this bread will live for ever. / Alleluia!