



Sacred Heart Parish Church
Roman Catholic Diocese of Armidale
 81 Vivian St. Inverell, NSW 2360 (P. O. Box 107)
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 Phone 67221103

PRIESTS: FR JAMES POOVATHINKAL MS. P.P., VF
PPC Chair: Mr David McMahan

Holy Trinity Principal: Mrs Jillian Rainger - 67224066
Parish Secretary: Peter Turner - 67221103.
Office Hours: Mon 30 Aug & Fri 3 Sept - 8am to 1pm
Tues 31 Aug - 8am to 12pm

PARISH MASS TIMES

Sacred Heart Church Inverell

Saturday 6.00pm (5.30pm from May to August)
 Sunday 9.00am

Monday, Tuesday and 1st Saturday 9.30am
 Wednesday and Thursday 12 noon
 1st Friday Mass and Benediction 12 noon
 First Wednesday Anointing Mass 12 noon

McLean Village Each Friday except 1st Friday 11.00am

Sacrament of Reconciliation

Saturday 8.15am - 9.15am
 Sunday 8.00am - 8.30am

Tingha St. Francis' Church Saturday 4.00pm
 (Saturday 3.30pm from May to August)

Ashford St Patrick's Church 1st & 3rd Sunday 11.00am

Bundarra St Mary of the Angels 2nd & 4th Sun 11.00am

Yetman St Joseph the Worker 5th Sunday 11.30am

Baptism (Saturday only) 11am;
Marriages and Funerals by Appointment
For emergencies please phone 0428-126703



Pray the Rosary everyday.
 "The Rosary is the scourge of the devil." -
 Pope Adrian VI



O' Sacrament Divine,
 All Praise and all Thanksgiving,
 be every moment Thine...



PARISH SCHEDULE THIS WEEK

NO PUBLIC MASS DURING LOCKDOWN RESTRICTIONS

OUR VISION AND OUR MISSION
 We as a PARISH, try to live out our **VISION:** To continually form a Christ-centred community based on the Gospel Values expressed through **SERVICE** in peace, justice and love. **MISSION:** To know Christ more, His life and His teachings. To imbibe Christ's message of love and service. To try to share generously what graces and blessings we have and to be instruments of the Gospel message.



MASS INTENTIONS FOR THE WEEK

Release of the Holy Souls in Purgatory.

WE PRAY FOR THE SICK
 Herb McArdle, Bernie Graham, Sr Judy Breen, Joan Ticehurst, Laurel King (wife of Tony), Fr John Willis, Marie Ward, Jenny Turner, Wayne Jones, Emma Donaldson, Tony Starr, Baby Isabel Akhil, Joan Hiscox, Paul Saint, Kerrie O'Keeffe, Sr Leo (Josie) Clancy, John Sanders, Rex Parry, Danny Dickins, Katrina Newbigin, Bob Kneipp, Brian Barker, Denise Taveira, Joanne Essey, Graham Tom, Fred Voight, Agnes Hannigan **and the sick members of our parish whose names are not listed here.**

We Pray for the Recently Deceased & for the Anniversaries of
 Toni Palmer, Patty Wallis, John Crabb (uncle of Matthew Rennie), Helen Phillips (sister of Bernie Graham), Sr Ita Harris RSJ, Sr Francis Gabriel RSJ, Val Dawson (aunt of June Turner). **Anniversary of Eric Sanders. Eternal life grant unto them O Lord, and let perpetual light shine upon them. May their souls and all the faithful departed, through the mercy of God, rest in peace. Amen.**

Sacrament of First Holy Communion
 It is with deep regret we must announce that the sacrament of First Holy Communion for our Holy Trinity students and our State school students has been postponed until further notice. Please continue to keep all the candidates in your prayers.

UPCOMING MEETINGS

Finance Committee	Postponed due to lockdown	
Liturgy Committee	Sat 11 Sept 2021	8.30am
Pastoral Council	Wed 15 Sept 2001	5.00pm

HOME ROSARY

Tingha	No Home Rosary this week due to Lockdown restrictions	
Inverell	No Home Rosary this week	

Planned Giving Program: If you wish to join the planned giving program, please contact the parish office during office hours.

PLANNED GIVING PROGRAM FOR THE SUPPORT OF YOUR PRIESTS AND UPKEEP OF THE CHURCH
 The continued generosity of parish members is greatly appreciated. For those who would prefer to make donations by direct deposit the details of the Sacred Heart Parish Accounts are as follows:
1st Collection: Presbytery for priest support
BSB 082105 Account No. 001023550
Account Name: Sacred Heart Presbytery Inverell Savings Account
2nd Collection: Church for upkeep & maintenance (PGP)
BSB 082105 Account No. 001001010
Account Name: Sacred Heart Parish Inverell
 For those on the Planned Giving Program could you please quote your surname and envelope number for the reference.

AUGUST 29TH - TWENTY-SECOND SUNDAY IN ORDINARY TIME - YEAR B

"Food is not evil, but gluttony is. Childbearing is not evil, but fornication is. Money is not evil, but avarice is. Glory is not evil, but vainglory is. Indeed, there is no evil in existing things, but only in their misuse." - St Maximus the Confessor



First Friday Prayer to the Sacred Heart of Jesus
 O Jesus, through the Immaculate Heart of Mary, I offer You my prayers, works, joys, and sufferings of this day in union with the Holy Sacrifice of the Mass throughout the world. I offer them for all the intentions of Your Sacred Heart: the salvation of souls, reparation for sin, and the reunion of all Christians. I offer them for the intentions of our bishops and of all Apostles of Prayer, and in particular for those recommended by our Holy Father this month. Amen.

First Saturday Prayer to the Immaculate Heart of Mary
 O Most Holy Virgin, and Our Mother, we listen with grief to the complaints of your Immaculate Heart surrounded with the thorns placed therein at every moment by the blasphemies and ingratitude of ungrateful humanity. We are moved by the ardent desire of loving you as Our Mother and of promising a true devotion to Your Immaculate Heart. We therefore kneel before you to manifest the sorrow we feel for the grievances that people cause you, and to atone by our prayers and sacrifices for the offences with which they return your love. Obtain for them and for us the pardon of so many sins. Hasten the conversion of sinners that they may love Jesus Christ and cease to offend the Lord, already so much offended. Turn your eyes of mercy towards us, that we may love God with all our heart on earth and enjoy Him forever in Heaven. Amen

Act of Spiritual Communion
 O Jesus, I believe that You are truly present in the Blessed Sacrament. I love you above all things, and I desire You in my soul. Since I cannot now receive You sacramentally, come at least spiritually into my heart. As though You were already there, I embrace You and uniter myself wholly to You. Never permit me to be separated from You. Amen.

St Alphonsus de Liguori

Anima Christi
 Soul of Christ, sanctify me. Body of Christ, save me. Blood of Christ, inebriate me. Water from the side of Christ, wash me. Passion of Christ, strengthen me. O good Jesus, hear me. Within Your wounds hide me. Never let me be separated from thee. From the evil one protect me. At the hour of my death, call me; and bid me come to thee. That with Your saints & angels, I may praise You forever & ever. Amen.
 St Ignatius of Loyola

PRAYER TO GOD FOR HELP
 God our Father, Creator of the world, almighty and merciful, out of love for us you sent your Son into the world as the doctor of our souls and bodies. Look upon your children who, in this difficult time of confusion and dismay, turn to you seeking strength, salvation and relief. Deliver us from illness and fear, heal our sick, comfort their families, give wisdom to our rulers, energy and reward to our doctors, nurses and volunteers, and eternal life to the dead. Do not abandon us in the moment of trial but deliver us from all evil. We ask this through the intercession of our Blessed Mother and Saint Joseph, through Christ our Lord. Amen.

It is with deep sadness we advise that **Toni Palmer**, formerly a teacher at Holy Trinity School, has passed away. Please keep Toni and all her family in your prayers.

St Joseph Prayer for Protection
 Gracious St Joseph, protect me and my family from all evil as you did the Holy Family. Kindly keep us ever united in the love of Christ, ever fervent in imitation of the virtue of our Blessed Lady, your sinless spouse, and always faithful in devotion to you. Amen.

Consecration Prayer to Our Lady of the Southern Cross, Help of Christians
Feast Day 1 September

Holy Mary, you are the Mother of Jesus, our Lord. Your presence in the upper room inspired the first disciples to trust completely in the promise of the Risen Christ. I now consecrate myself to you under the title of Our Lady of the Southern Cross, Help of Christians, so that I might be a witness to your Son Jesus in the power of His Spirit. Holy Mary, teach me to be attentive to the voice of God in silence and live a life of service in truth, joy and peace. Amen

Reflection From the beginning of time, the remorseful have asked themselves these questions: "How can I love vice and hate it at the same time?" "Why do I love being in love and hate the lust that follows?" The answer is: Every sin has a double element, material and formal. The material element in sin is in its content, or the stuff of which it is made, and this is always good; there is nothing in the visible universe that is intrinsically wicked. "God looked at the world and saw that it was good." Alcohol, flesh, sex, gold, wine – all these things are good and therefore are desirable. All reality, having been created by God, is beautiful, and permeated with Divine reflections of His attributes. The formal element in a sin is its evil and perverse abuse of a good thing. It is this distortion and exaggerated love of something that makes us misuse it for an evil end; it turns love of flesh into lust, love of alcohol into drunkenness, and love of wealth into avarice. Because man, through an original abuse of his freedom, is now on a lower level than that for which he was created, he has a tendency to pervert all things, as he once perverted and disordered himself.
Venerable Servant of God, Archbishop Fulton J Sheen

"You forget the commandments of God and hold on to human tradition."
 In today's story, the Pharisees and teachers question Jesus because they have seen some of his disciples eating without washing their hands. The rules and processes for hand washing were very complex and were an important part of the Jewish law. Jesus says that it is what comes from within us that really matters. We need to have good hearts, speak kind words, and let our actions match what we say.
Something to think about: What makes a 'good person'? Who in your life is a really good person?

To all Sacred Heart Inverell Parishioners, wishing you prayers & God's blessings in this difficult time. For your information:-
 1. Officially the church is closed for public worship until the 10th of Sept, or until government permission will be granted.
 2. Funerals with 10 people is allowed with Covid restrictions.
 3. Home Communion or sick visits by the priest are available. Please call 0428 126 703 to make mutually agreeable time and date (only for persons from the same household).
 4. There will be daily Mass offered for parishioners and their intentions (not open to the public).
 5. Please find time for some sort of spiritual time at home. eg. Reading Bible, praying the Rosary, Sunday reading & bulletin reflections, sharing faith in phone or digital conversations, etc.
 6. Vaccinations may protect bodily life. God protects both body and Soul.