



Prayer for the Solemnity of the Assumption of the Blessed Virgin Mary

O Blessed Virgin Mary, united to the victorious Christ in heaven, you are the image and first-flowering of the Church as she is to be perfected in the world to come. You shine forth as a sign of sure hope and solace for the pilgrim People of God. In your Assumption, you manifest the fullness of redemption and appear as the spotless image of the Church responding in joy to the invitation of the Bridegroom, your Son, who is the first-fruits of those who have fallen asleep. Grant that we may follow your example on earth thereby imitating your Son as well and being enabled to share your glory, with Him for all eternity. Amen.

The Assumption of Mary is a Catholic doctrine of faith stating that Mary, the Mother of Jesus, was assumed (taken up) body and soul into Heaven at the end of her life. The Catholic Church celebrates this important feast day on 15 August and, in Australia, it is a Holy Day of Obligation, meaning all Catholics are required to attend Mass unless a serious reason prevents them, such as illness.

Our parish will have two Masses celebrated this year: a Vigil Mass on Wednesday 14 August at 6pm, and the Mass of the Solemnity of the Assumption on Thursday 15 August at 12 Noon.

On The Advantage of Frequent Communion

People's senses are prone to evil from their youth, and unless they are strengthened by the divine medicine, they soon fall into greater sins. Therefore, Holy Communion draws people away from evil and strengthens them in goodness. If I am now often careless and lukewarm when I celebrate Mass or receive Communion, what would I be like if I did not take this remedy, nor sought the help it gives me?

Even though I am not prepared nor do I have the proper dispositions to receive my Lord every day, nevertheless, I will see to it that I do receive Him at certain times, that I may share in so great a grace. This is the chief consolation of the faithful soul as long as it remains far from You, imprisoned in this mortal body, that mindful of God, it frequently receives the Beloved with a warm heart.

(Imitation of Christ, Thomas à Kempis)

A reflection by the Venerable Servant of God, Archbishop Fulton J Sheen

'And now what is this Bread which I am to give? It is My Flesh, given for the life of the world. Then the Jews fell to disputing with one another, How can this Man give us His Flesh to eat? Whereupon Jesus said to them, Believe Me when I tell you this; You can have no life in yourselves, Unless you eat the Flesh of the Son of Man, And drink His Blood.' (John 6:52-54)

He not only pictured Himself as One Who had come down from heaven but as One Who had come down to give Himself, or to die. It would only be in the slain Christ that they would come to understand the glory of a Bread that nourishes unto eternity. He was here referring to His death; for the word "giving" expressed the sacrificial act. The Flesh and Blood of the Incarnate Son of God, which would be severed in death, would become the source of everlasting life. When He said, "My Flesh," He meant His human nature, as "The Word became Flesh" meant that God the Word or the Son assumed to Himself a human nature. But it was only because that human nature would be linked to a Divine Personality for all eternity that He could give eternal life to those who received it. And when He said that He would give that for the life of the world, the Greek word used meant "all mankind."

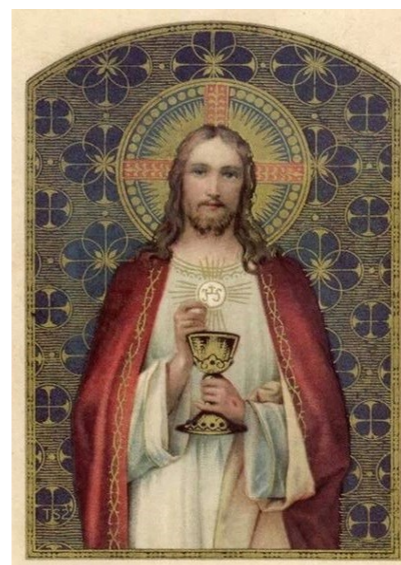
His words became more poignant because this was the season of the Passover. Though the Jews looked on blood in an awesome manner, they were leading their lambs at that time to Jerusalem, where blood would be sprinkled to the four directions of the earth. The strangeness of the utterance about giving His Body and Blood diminished against the background of the Passover; He meant that the shadow of the animal lamb was passing, and that its place was being taken by the true Lamb of God. As they had communion with the flesh and blood of the Paschal Lamb, so they would now have communion with the Flesh and Blood of the true Lamb of God. He, Who was born in Bethlehem, the "House of Bread" and was laid in a manger, a place of food for lower animals, would now be to men, so inferior to Him, their Bread of Life. Everything in nature has to have communion in order to live; and through it what is lower is transformed into what is higher: chemical into plants, plants into animals, animals into man. And man? Should he not be elevated through communion with Him Who "came down" from heaven to make man a partaker of the Divine nature?

(Life of Christ)



19TH SUNDAY IN ORDINARY TIME - YEAR B

11 AUGUST 2024



"When you have received Him, stir up your heart to do Him homage; speak to Him about your spiritual life, gazing upon Him in your soul where He is present for your happiness; welcome Him as warmly as possible, and behave outwardly in such a way that your actions may give proof to all of His Presence."

- St Francis de Sales

Entrance Antiphon: Look to Your covenant, O Lord, and forget not the life of Your poor ones for ever. Arise, O God, and defend Your cause, and forget not the cries of those who seek You.

First Reading 1 Kings 19:4-8

A reading from the first book of Kings

Elijah went into the wilderness, a day's journey, and sitting under a furze bush wished he were dead. 'Lord,' he said, 'I have had enough. Take my life; I am no better than my ancestors.' Then he lay down and went to sleep. But an angel touched him and said, 'Get up and eat.' He looked round, and there at his head was a scone baked on hot stones, and a jar of water. He ate and drank and then lay down again. But the angel of the Lord came back a second time and touched him and said, 'Get up and eat, or the journey will be too long for you.' So he got up and ate and drank, and strengthened by that food he walked for forty days and forty nights until he reached Horeb, the mountain of God.

♦ **The word of the Lord.**

Responsorial Psalm Ps 33:2-9

R: Taste and see the goodness of the Lord.

1. I will bless the Lord at all times, His praise always on my lips; in the Lord my soul shall make its boast. The humble shall hear and be glad. **R.**

2. Glorify the Lord with me. Together let us praise His name. I sought the Lord and He answered me; from all my terrors He set me free. **R.**

3. Look towards Him and be radiant; let your faces not be abashed. This poor man called; the Lord heard him and rescued him from all his distress. **R.**

4. The angel of the Lord is encamped around those who revere Him, to rescue them. Taste and see that the Lord is good. He is happy who seeks refuge in Him. **R.**

Second Reading Ephesians 4:30-5:2

A reading from the letter of St Paul to the Ephesians

Do not grieve the Holy Spirit of God Who has marked you with His seal for you to be set free when the day comes. Never have grudges against others, or lose your temper, or raise your voice to anybody, or call each other names, or allow any sort of spitefulness. Be friends with one another, and kind, forgiving each other as readily as God forgave you in Christ.

Try, then, to imitate God, as children of His that He loves, and follow Christ by loving as He loved you, giving Himself up in our place as a fragrant offering and a sacrifice to God.

♦ **The word of the Lord.**

Gospel Acclamation John 6:51

Alleluia, alleluia! I am the living Bread from heaven, says the Lord; whoever eats this Bread will live for ever. **Alleluia!**

Gospel John 6:41-51

A reading from the holy Gospel according to John

The Jews were complaining to each other about Jesus, because He had said, 'I am the Bread that came down from heaven.' 'Surely this is Jesus son of Joseph,' they said. 'We know His father and mother. How can He now say, "I have come down from heaven"?' Jesus said in reply, 'Stop complaining to each other. No one can come to me unless he is drawn by the Father Who sent Me, and I will raise him up at the last day. It is written in the prophets: They will all be taught by God, and to hear the teaching of the Father, and learn from it, is to come to Me.

'Not that anybody has seen the Father, except the One Who comes from God: He has seen the Father. I tell you most solemnly, everybody who believes has eternal life. I am the Bread of Life. Your fathers ate the manna in the desert and they are dead; but this is the Bread which has come down from heaven. Anyone who eats this Bread will live for ever; and the bread that I shall give is My flesh, for the life of the world.'

♦ **The Gospel of the Lord.**

Communion Antiphon: O Jerusalem, glorify the Lord, Who gives you your fill of finest wheat.

Scripture readings from the Jerusalem Bible





Sacred Heart Parish Church

Roman Catholic Diocese of Armidale

19th Sunday in Ordinary Time - Year B

August 11th, 2024

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 Website: www.sacredheartinverell.org.au
 Facebook: Sacred Heart Catholic Church Inverell
 Holy Trinity School Ph: 02 6722 4066
Parish Office Hours:
 Monday 12 August & Friday 16 August - 8am to 1pm
 Tuesday 13 August - 8am to 12pm
Administrator: Fr Paul Chandler
PPC Chair: Mr David McMahon
Holy Trinity Principal: Mrs Jillian Rainger
Parish Secretary: Peter Turner



MASS INTENTIONS FOR THE WEEK

We pray for: Repose of the soul of Robert Sanders (8yrs) and for the consolation of his parents John & Bek and his sister Rose; Repose of the souls of Cedric, Thelma, and Maurie Aboud, Joyce Dickins, Fr William Blood (d.2015), J.T O'Brien, J.M Stephen, and all those in Purgatory.

the Recently Deceased:

Val Mallise, Robert Sanders (great-nephew of June Turner), Bishop John Baptist Bac (Vietnam), Collette Mitchell, Eileen Hagan, John Smallwood.

the sick:

Brenda McPhee, Danielle Irwin, Sue Barwick, Bob McGuire, Peter Moroney, Christopher Pay, Phillip Matthews, Neville Barwick, Fr Barry Leech, Lara Bentley, Danny Dickins, Elizabeth Albany, Fr David Crabb, Rebecca Lane, Brian Barker, Clare Lockwood, and all the sick members of our parish.

PLANNED GIVING PROGRAM FOR THE SUPPORT OF THE CLERGY AND THE PARISH

1st Collection: Presbytery (for support of priest)
 BSB 082105 Account No. 001023550
 Account Name: Sacred Heart Presbytery Inverell Savings Ac.
2nd Collection: Church upkeep, maintenance, expenses
 BSB 082105 Account No. 001013072
 Account Name: Sacred Heart Parish Inverell
 For those on the Planned Giving Program could you please quote your surname and envelope number for the reference.

AUGUST - THE HOLY MONTH OF THE IMMACULATE HEART OF MARY

MONDAY 12th

Feast Day of St Jane Frances de Chantal, religious
No Mass - Church closed for installation of air-conditioning
TUESDAY 13th

Feast Day of Sts Pontian, pope, martyr & Hippolytus, priest, martyr
No Mass - Church closed for installation of air-conditioning
WEDNESDAY 14th

Feast Day of St Maximilian Mary Kolbe, priest, martyr
Rosary - 8.30am
Holy Mass - 9.00am
Rosary - 5.30pm
Vigil Mass of the Assumption - 6.00pm

THURSDAY 15th

Solemnity of the Assumption of the Blessed Virgin Mary
Holy Day of Obligation
Rosary - 11.30am
Holy Mass - 12 Noon
Adoration - 12.30pm to 1.30pm
FRIDAY 16th

Feast Day of St Stephen of Hungary
Rosary - 7.30am
Holy Mass - 8.00am
Holy Hour - 4.30pm to 5.30pm

SATURDAY 17th

Feast Day of Our Lady of Knock
Baptism of Yllian Zapata - 11.00am
Holy Mass of Sunday - 3.00pm at Ashford
Rosary - 5.00pm
Holy Mass of Sunday - 5.30pm

SUNDAY 18th

20th Sunday in Ordinary Time
Rosary - 8.30am
Holy Mass - 9.00am
Sacrament of Confession
 Sunday: 8.00am to 8.30am
 Tuesday: 5.00pm to 5.30pm
 Thursday: 1.00pm to 1.30pm
 Friday: 5.00pm to 5.30pm
 Saturday: 4.45pm to 5.15pm (and at any time upon request)

OTHER MASSES: (May to August times)

McLean Village Each 4th Thursday - 10.00am
 2nd Saturday - *Bundarra*, St Mary of the Angels - 3.00pm
 3rd Saturday - *Ashford*, St Patrick's Church - 3.00pm
 4th Saturday - *Tingha*, St. Francis' Church - 3.00pm
 5th Saturday - *Yetman*, St Joseph the Worker - 2.30pm
 Baptism - Saturdays & Sundays at 10.30am
 Marriages and Funerals by Appointment
 Please contact the priest on 67221103 for home visits to the homebound and the sick

PARISH NEWS AND NOTICES

A friendly reminder

Please maintain a respectful atmosphere of reverence before and after each Mass so those praying may do so without distraction. Any conversation should be conducted quietly. Also, please remember to turn off your mobile devices.

"By devoutly assisting at Holy Mass you render the greatest homage possible to the Sacred Humanity of Our Lord."
 - St Leonard

ALTAR SOCIETY ROSTER FOR AUGUST

Rosie Michael & Val McMahon

HOME ROSARY



"How beautiful is the family that recites the Rosary every evening." - Pope St John Paul II

Bernie & Colleen Graham

11 Diamond Street, Tingha

Wednesday 14 August at 4.30pm

UPCOMING PARISH EVENTS

Men's Breakfast - Sat 10 Aug 2024, 8.30am, Out the Back Café
 Sunday Morning Tea - Sun 11 Aug 2024, after Mass
 Liturgy Committee - Sat 17 August 2024, 9.00am
 Finance Committee - Wed 4 September 2024, 5.00pm
 First Holy Communion Mass - Sun 8 September 2024, 9.00am
 Pastoral Council - Wed TBA 2024, 5.00pm



Thank you to those who have donated to the air-conditioning project. For others who may wish to contribute, you may use the Special Collection envelopes placed at the entrances of the Church or use the BSB and Account Number of the 2nd Collection. Use "air-conditioning" as the reference.

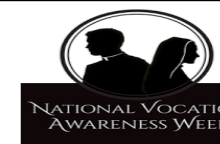
Morning Tea will be held after the 9am Mass this Sunday.

Please bring a plate of delicacies to share.

Sick Visit / Last Rites: A reminder that if you have a Catholic relative in hospital or aged care who is in need of a priest, please inform the parish office or Fr Paul so he may visit them.

Men's Breakfast: Commencing in September, the Men's Breakfast time and location will change to 8am at Freckles Café, 102 Byron Street Inverell.

Good Shepherd Appeal: There is a special collection this Sunday for Good Shepherd Seminary and our retired priests. Envelopes are available. Please donate generously.

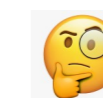


NATIONAL VOCATIONS AWARENESS WEEK

National Vocations Awareness Week is an annual week-long celebration, in Australia, dedicated to promoting vocations to the priesthood and consecrated life and to renewing our prayers and support for those who are discerning one of these vocations. This time coincides with the feasts of Australia's first saint, St Mary of the Cross MacKillop, and the Patron Saint of Priests, Saint John Vianney.

PRAYER FOR VOCATIONS

God our Father, Who wills that all men be saved and come to the knowledge of truth: we beg You to send Labourers into Your harvest. Give to our young people the generosity necessary to follow Your call and the courage required to overcome all obstacles to their vocation. Give to parents that faith, love and spirit of sacrifice which will inspire them to offer their children to Christ's service and to rejoice whenever one of their children is called to the priesthood or religious life. May Your example and that of Your Blessed Mother Mary and Saint Joseph encourage both young people and parents and let Your grace sustain them. Amen.



Did you Know?

There is an impression, although a false one, that the Second Vatican Council called for the suppression of Latin. It certainly seems that way because Latin has virtually disappeared in most parishes. It could be because of that wrong notion that Latin is a "dead" language. Well, it is an ancient language, like Greek and Hebrew, but it is still being used today, not only in the Catholic Church but also in science and medicine.

The document on the sacred liturgy from Vatican II says, "...the use of the Latin language is to be preserved in the Latin rites." As explained last week that is us, not the Eastern Catholic Churches, who have their own ancient languages.

The instructions for celebrating Mass go further and say that, in the singing at Mass, the main place should be given to Gregorian chant because it is proper to the Roman Liturgy. When the priest chants the prayers proper to him at Mass he is using this ancient form of chant; and we all do it when we sing the Our Father.

Soon after this, the instructions say that because Catholics from different countries come together more frequently at international gatherings, it is desirable that Catholics know how to sing together some parts of the Mass in Latin so that we can use our common language. We Catholics keep an eye (or an ear) on the future as we move through history. But we also keep an eye and an ear on the past because for us Tradition is important.

MASS ROSTER	10Aug-Sat 5.30pm	11Aug-Sun 9am	17Aug-Sat 5.30pm	18Aug-Sun 9am
Projector	N Turner	H Rossel	J Kelly	M Gaukroger
Readers	M Casey-Ransom	D McMahon	S O'Brien	M Robinson
Commentator	J Kelly	MJ Guest	J Harris	J Monie
Offertory	Volunteer	Guest Family	Volunteer	M Robinson & volunteer
Extraordinary Ministers of Holy Communion	P Moroney	M Robinson	A Michael	S Hollis
Counters		B Baldwin & J Frater		G Chie & G Fleming