

Communion Antiphon: How great is the goodness, Lord, that You keep for those who fear You.

Scripture readings from the Jerusalem Bible



Did you Know?

The Church has instituted sacramentals. These are sacred signs and objects which bear a connection to the Sacraments but do not of themselves confer divine grace. Rather, the sacramentals dispose us to receive the effects of the Sacraments and to cooperate with divine grace.

Among the sacramentals of the Church is Holy Water.

Holy water reminds us of baptism when we were cleansed from original sin and born into the family of God, the Church. Therefore, any time we use holy water we are reminded of our birth into the Church. This is why we use holy water when we enter into a Catholic church. We dip our hands into the water and make the Sign of the Cross saying the words of our baptism: "In the name of the Father and of the Son and of the Holy Spirit. Amen."

Then we can use holy water to sprinkle our homes and especially our bedrooms. This is because holy water repels the devil and the fallen angels. The demons cannot remain near to a person who has been sprinkled with holy water nor can they stay in a place that has been sprinkled with holy water.

Holy water can also be used to sprinkle one's own property, crops and gardens, cars and sheds, or other personal belongings. Water can be simply blessed by a priest, or even better, it can be exorcised (taken out of the power of the devil) and blessed.

Always have some holy water in your house.



Prayer for Fathers: Heavenly Father, You entrusted Your Son Jesus, the child of Mary, to the care of Joseph, an earthly father. Bless all fathers as they are for their families. Give them strength and wisdom, tenderness and patience; support them in the work they have to do, protecting those who look to them, as we look to You for love and salvation, through Jesus Christ our rock and defender. Amen.



Prayer to the Sacred Heart of Jesus and the Immaculate Heart of Mary

O Heart of Jesus pierced for our sins and giving us Your Mother on Calvary! O Heart of Mary pierced by sorrow and sharing in the sufferings of your Divine Son for our redemption! O sacred union of these Two Hearts! Praised be the God of Love Who united them together! May we unite our hearts and every heart so that all hearts may live in unity in imitation of that sacred unity which exists in these Two Hearts. Triumph, O Sorrowful and Immaculate Heart of Mary! Reign, O Most Sacred Heart of Jesus! - in our hearts, in our homes and families, in the hearts of those who as yet do not know you, and in all nations of the world. Amen.

A reflection by the Venerable Servant of God, Archbishop Fulton J Sheen

If goodness on the outside is not the release of goodness on the inside, it is show or hypocrisy. What the rudder is to the ship, what the spring is to the watch, that the heart is to actions. It is the mint where evil deeds and good deeds are coined; the anvil on which is forged behaviour; the blueprint of the edifice of life. As the pulse-beat is healthy or ill according to the condition of the heart, so a man in his life is what he is already in his thoughts and desires.

Nothing shows more thoughtlessness than the idiocy that 'it makes no difference what you believe; it all depends on the way you live.' On the contrary, we act on our beliefs; our ideas are motor-springs in action; if our thinking is bad our actions will be bad. Would we say it made no difference to the editor of a newspaper if each of his readers believed that he should be shot? Let everybody believe that way and the editor soon will be shot.

Many men are perverted from carrying out their beliefs in action; that is why there are insane asylums. A vicious horse is not the more gentle animal when he is bound with kicking straps. Our Divine Lord said that even though our evil thoughts could not be actualised, the evil act was nevertheless to be imputed to us as guilt. 'Everyone who looks at a woman with lust has already committed adultery with her in his heart.' If it is wrong to do a certain thing, it is wrong to desire to do that thing. If it is wrong to stuff Aunt Sophie's mattress with old razor blades, it is wrong to want to do it. Keep the thoughts clean and the behaviour will be good.

Environment may condition our lives, but it does not determine them. Adam lived in a good environment but produced an act of rebellion. Judas lived in an excellent environment, but he betrayed his Saviour. With justice then did Our Divine Saviour say: 'It is not what enters one's mouth that defiles that person; but what comes out of the mouth is what defiles one.'

Environment, economic conditions and grandmothers who love too much or too little are circumstances that do help to make a man, but they make him only to the degree he permits them to make him. Our life would be healthier if our politics and our education more generally struck the same note. Our politics insist on freedom: freedom of press, suffrage, choice of work, etc. But much education teaches that man is not responsible; either his glands, or his want of playgrounds, or the lack of dance halls made him what he is; therefore he is not responsible for what he does. But to say he is not responsible is to say that he is not free. Our political concepts are right; these particular educational theories are wrong.

If we are free, we are self-determining; if we are self-determining, then our actions are willed from the inside; if they are willed from the inside, then 'Blessed are the clean of heart, for they shall see God.'

(Thoughts for Daily Living)



22ND SUNDAY IN ORDINARY TIME - YEAR B

1 SEPTEMBER 2024



"The pure soul is a beautiful rose, and the Three Divine Persons descend from Heaven to inhale its fragrance."
- St John Vianney

Entrance Antiphon: Have mercy on me, O Lord, for I cry to You all the day long. O Lord, You are good and forgiving, full of mercy to all who call to You.

First Reading Deuteronomy 4:1-2, 6-8

A reading from the book of Deuteronomy

Moses said to the people: 'Now, Israel, take notice of the laws and customs that I teach you today, and observe them, that you may have life and may enter and take possession of the land that the Lord the God of your fathers is giving you. You must add nothing to what I command you, and take nothing from it, but keep the commandments of the Lord your God just as I lay them down for you. Keep them, observe them and they will demonstrate to the peoples your wisdom and understanding. When they come to know of all these laws they will exclaim, "No other people is as wise and prudent as this great nation." And indeed, what great nation is there that has its gods so near as the Lord our God is to us whenever we call to Him? And what great nation is there that has laws and customs to match this whole Law that I put before you today?'

♦ **The word of the Lord.**

Responsorial Psalm Ps 14:2-5

R: The just will live in the presence of the Lord.

1. Lord, who shall dwell on Your holy mountain? He who walks without fault; he who acts with justice and speaks the truth from his heart. **R.**
2. He who does no wrong to his brother, who casts no slur on his neighbour, who holds the godless in disdain, but honours those who fear the Lord. **R.**
3. He who keeps his pledge, come what may; who takes no interest on a loan and accepts no bribes against the innocent. Such a man will stand firm for ever. **R.**

Second Reading James 1:17-18, 21-22, 27

A reading from the letter of St James

It is all that is good, everything that is perfect, which is given us from above; it comes down from the Father of all light; with Him there is no such thing as alteration, no shadow of a change.

By His Own choice He made us His children by the message of the truth so that we should be a sort of first-fruits of all that He had created.

Accept and submit to the word which has been planted in you and can save your souls. But you must do what the word tells you, and not just listen to it and deceive yourselves.

Pure unspoilt religion, in the eyes of God our Father is this: coming to the help of orphans and widows when they need it, and keeping oneself uncontaminated by the world.

♦ **The word of the Lord.**

Gospel Acclamation James 1:18

Alleluia, alleluia! The Father gave us birth by His message of truth, that we might be as the first fruits of His creation. **Alleluia!**

Gospel Mark 7:1-8, 14-15, 21-23

A reading from the holy Gospel according to Mark

The Pharisees and some of the scribes who had come from Jerusalem gathered round Jesus, and they noticed that some of His disciples were eating with unclean hands, that is, without washing them. For the Pharisees, and the Jews in general, follow the tradition of the elders and never eat without washing their arms as far as the elbow; and on returning from the market place they never eat without first sprinkling themselves. There are also many other observances which have been handed down to them concerning the washing of cups and pots and bronze dishes. So these Pharisees and scribes asked Him, 'Why do Your disciples not respect the tradition of the elders but eat their food with unclean hands?' He answered, 'It was of you hypocrites that Isaiah so rightly prophesied in this passage of scripture:

This people honours Me only with lip-service, while their hearts are far from Me. The worship they offer Me is worthless, the doctrines they teach are only human regulations.

You put aside the commandment of God to cling to human traditions.'

He called the people to Him again and said, 'Listen to Me, all of you, and understand. Nothing that goes into a man from outside can make him unclean; it is the things that come out of a man that make him unclean. For it is from within, from men's hearts, that evil intentions emerge: fornication, theft, murder, adultery, avarice, malice, deceit, indecency, envy, slander, pride, folly. All these evil things come from within and make a man unclean.'

♦ **The Gospel of the Lord.**



Sacred Heart Parish Church

Roman Catholic Diocese of Armidale

22nd Sunday in Ordinary Time - Year B

September 1, 2024

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 Website: www.sacredheartinverell.org.au
 Facebook: Sacred Heart Catholic Church Inverell
 Holy Trinity School Ph: 02 6722 4066
Parish Office Hours:
 Monday 2 Sept & Friday 6 Sept - 8am to 1pm
 Tuesday 3 Sept - 8am to 12pm
Administrator: Fr Paul Chandler
PPC Chair: Mr David McMahon
Holy Trinity Principal: Mrs Jillian Rainger
Parish Secretary: Peter Turner



MASS INTENTIONS FOR THE WEEK

We pray for: Repose of all souls in Purgatory; the health and recovery of Craig Johnston.

the Recently Deceased:

Sr Agnes Sasagawa (visionary of Our Lady of Akita in Japan), Helen Baldwin, Valerie Coggan, Val Malisse, Robert Sanders (great-nephew of June Turner).

the sick:

Brenda McPhee, Danielle Irwin, Sue Barwick, Bob McGuire, Peter Moroney, Christopher Pay, Phillip Matthews, Neville Barwick, Fr Barry Leech, Lara Bentley, Danny Dickins, Elizabeth Albany, Fr David Crabb, Rebecca Lane, Brian Barker, and all the sick members of our parish.

Please contact the priest on 67221103 for home visits to the homebound and the sick

PLANNED GIVING PROGRAM FOR THE SUPPORT OF THE CLERGY AND THE PARISH

1st Collection: Presbytery (for support of priest)
 BSB 082105 Account No. 001023550
 Account Name: Sacred Heart Presbytery Inverell Savings Ac.
2nd Collection: Church upkeep, maintenance, expenses
 BSB 082105 Account No. 001013072
 Account Name: Sacred Heart Parish Inverell
 For those on the Planned Giving Program could you please quote your surname and envelope number for the reference.

Planned Giving Program: If you wish to join the planned giving program, please contact the parish office.

SEPTEMBER - THE HOLY MONTH OF THE SEVEN SORROWS OF OUR LADY

Baptised Recently: Callum Short

MONDAY 2nd

Feast Day of St Ingrid of Sweden

No Mass - Church open from 8am to 1pm

TUESDAY 3rd

Feast Day of St Gregory the Great, pope, doctor

No Mass - Church open from 8am to 9am

WEDNESDAY 4th

Feast Day of St Boniface I, pope

No Mass - Church open from 11am to 12pm

THURSDAY 5th

Feast Day of St Teresa of Calcutta, religious

First Confession - 9.30am

Rosary - 11.30am

Holy Mass - 12 Noon

Adoration - 12.30pm to 1.30pm

FRIDAY 6th

First Friday & Spring Ember Day

Rosary - 11.30am

Holy Mass & Adoration - 12 Noon

Benediction - 1.00pm

Holy Hour - 4.30pm to 5.30pm

SATURDAY 7th

First Saturday

Confession - 8.00am

Rosary - 8.30am

Holy Mass - 9.00am

Baptism of Nova Bartman - 10.30am

Rosary - 5.30pm

Holy Mass of Sunday - 6.00pm

SUNDAY 8th

22nd Sunday in Ordinary Time / Safeguarding Sunday

Rosary - 8.30am

First Holy Communion Mass - 9.00am

Sacrament of Confession

Sunday: 8.00am to 8.30am

Tuesday: 5.00pm to 5.30pm

Thursday: 1.00pm to 1.30pm

Friday: 5.00pm to 5.30pm

Saturday: 5.15pm to 5.30pm (and at any time upon request)

OTHER MASSES:

McLean Village Each 4th Thursday - 10.00am

2nd Saturday - *Bundarra*, St Mary of the Angels - 3.30pm

3rd Saturday - *Ashford*, St Patrick's Church - 3.30pm

4th Saturday - *Tingha*, St. Francis' Church - 3.30pm

5th Saturday - *Yetman*, St Joseph the Worker - 3.00pm

Baptism - Saturdays & Sundays at 10.30am

Marriages and Funerals by Appointment

PARISH NEWS AND NOTICES

A friendly reminder

Please maintain a respectful atmosphere of reverence before and after each Mass so those praying may do so without distraction. Any conversation should be conducted quietly. Also, please remember to turn off your mobile devices.

"By devoutly assisting at Holy Mass you render the greatest homage possible to the Sacred Humanity of Our Lord."

- St Leonard

ALTAR SOCIETY ROSTER FOR SEPTEMBER

Pat Mather, Judy Harris & Yvonne Campbell

HOME ROSARY



"How beautiful is the family that recites the Rosary every evening." - Pope St John Paul II

Bernie & Colleen Graham

11 Diamond Street, Tingha

Wednesday 4 September at 4.30pm

UPCOMING PARISH EVENTS

Pastoral Council - Thurs 5 Sept 2024, 5.00pm

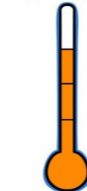
First Holy Communion Mass - Sun 8 Sept 2024, 9.00am

Sunday Morning Tea - Sun 8 Sept 2024, after Mass

Liturgy Committee - Sat 21 Sept 2024, 9.00am

Finance Committee - Wed 9 Oct 2024, 5.00pm

GOAL - \$8,000



Thank you to those who have donated to the air-conditioning project. For others who may wish to contribute, you may use the Special Collection envelopes placed at the entrances of the Church or use the BSB and Account Number of the 2nd Collection. Use "air-conditioning" as the reference.

FOR SALE

- Over 100 **black plastic chairs** (like the ones in the meeting room) are housed in the presbytery garage. They no longer seem to be needed. Would you like some for your house/ outdoor dining/or just to have spare? **\$5 each!**

- The Rinnai Energysaver **gas heaters** in the church. These will no longer be needed when the air conditioners are operative. One parishioner has already expressed interest in one of them. The other is going for **\$100**.

- 2 **pre-cut kitchen bench tops** - KABOODLE brand available at Bunnings - each 600mm wide, 38mm deep, 3380mm long - Oyster Swirl colour - selling at 50% of retail price - **\$300 each!** **Sales Cash only. Contact Parish Office during office hours** for inspection and collection.

MASS ROSTER	31Aug-Sat 5.30pm	1Sept-Sun 9am	7Sept-Sat 6pm	8Sept-Sun 9am
Projector	S Szumowski	R McGregor	N Turner	H Rossel
Readers	J Monie & M Casey-Ransom	B McGrath & S Hollis	P Mather & S O'Brien	HTS
Commentator	J Kelly	J Rainger	J Harris	HTS
Offertory	Volunteer	S Kenny & Volunteer	Volunteer	HTS
Extraordinary Ministers of Holy Communion	P Moroney	G Johnson	A Michael	HTS
Counters		R & G Johnson		L MacDonald & P Girle

Prayer to the Blessed Virgin Mary for her Seven Sorrows

O Blessed Mother Mary, your Immaculate Heart was afflicted seven times with a deep anguish. In your great sorrow you never doubted God's Divine Wisdom, but joined your Will to His. We beseech you to stand by us in our trials and teach us to follow your example of patience, love, and charity. Pray for us, now and at the hour of our death. Amen.

Seven Sorrows: The Prophecy of Simeon, The Flight into Egypt, The Loss of the child Jesus in the Temple, Mary meets Jesus on the way to Calvary, Mary stands at the foot of the Cross, Mary receives the dead body of Jesus, Jesus is laid in the tomb.



Consecration Prayer to Our Lady of the Southern Cross, Help of Christians Feast Day 1 September

Holy Mary, you are the Mother of Jesus, our Lord. Your presence in the upper room inspired the first disciples to trust completely in the promise of the Risen Christ. I now consecrate myself to you under the title of Our Lady of the

Southern Cross, Help of Christians, so that I might be a witness to your Son Jesus in the power of His Spirit. Holy Mary, teach me to be attentive to the voice of God in silence and live a life of service in truth, joy and peace. Amen.

Happy Father's Day to all the fathers in our parish, both natural and spiritual.

Child Protection Week: National Child Protection Week (NCPW) invites all Australians to play their part to promote the safety and wellbeing of children and young people. In 2024, NCPW will take place from 1-7 September.

Spring Ember Day - Friday 6 Sept: On ember days (first Fridays of Autumn and Spring in Australia) the practice of the Catholic Church is to offer prayers to the Lord for the needs of all people, especially for the productivity of the earth and for human labour, and to give Him public thanks. **Ember Days are special days of prayer and penance.**

First Holy Communion: We pray for all those who will be making their First Holy Communion next Sunday.

Morning Tea will be held after the 9am Mass next Sunday. Please bring a plate of delicacies to share.