



## Sacred Heart Parish (Canonically Erected 1868) Roman Catholic Diocese of Armidale

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Parish Secretary: Mr Peter Turner

PPC Chair: Mr Matthew Rennie

Holy Trinity School Ph 6722 4066

Principal: Mrs Jillian Rainger

### THE MOST HOLY TRINITY - YEAR A - 31 MAY 2026



“The Trinity is the answer to the questions of Plato. If there is only one God, what does He think about? He thinks an eternal thought: His eternal Word, or Son. If there is only one God, Whom does He love? He loves His Son, and that mutual love is the Holy Spirit.”

- Ven. Fulton J Sheen

**Entrance Antiphon:** Blest be God the Father, and the Only Begotten Son of God, and also the Holy Spirit, for He has shown us His merciful love.

**First Reading** Exodus 34:4-6, 8-9

**A reading from the book of Exodus**

With the two tablets of stone in his hands, Moses went up the mountain of Sinai in the early morning as the Lord had commanded him. And the Lord descended in the form of a cloud, and Moses stood with Him there.

He called on the name of the Lord. The Lord passed before him and proclaimed, ‘Lord, Lord, a God of tenderness and compassion, slow to anger, rich in kindness and faithfulness.’ And Moses bowed down to the ground at once and worshipped. ‘If I have indeed won Your favour, Lord,’ he said, ‘let my Lord come with us, I beg. True, they are a headstrong people, but forgive us our faults and our sins, and adopt us as your heritage.’

**The word of the Lord.**

**Responsorial Psalm** Daniel 3:52-56

1. You are blest, Lord God of our fathers.

**R: Glory and praise for ever!**

Blest Your glorious holy name.

**R: Glory and praise for ever!**

2. You are blest in the temple of Your glory.

**R: Glory and praise for ever!**

You are blest on the throne of Your kingdom.

**R: Glory and praise for ever!**

3. You are blest Who gaze into the depths.

**R: Glory and praise for ever!**

You are blest in the firmament of heaven.

**R: Glory and praise for ever!**

**Second Reading** 2 Corinthians 13:11-13

**A reading from the second letter of St Paul to the Corinthians**

Brothers, we wish you happiness; try to grow perfect; help one another. Be united; live in peace, and the God of love and peace will be with you. Greet one another with the holy kiss. All the saints send you greetings. The grace of the Lord Jesus

Christ, the love of God and the fellowship of the Holy Spirit be with you all.

**The word of the Lord.**

**Gospel Acclamation** cf. Apocalypse 1:8

**Alleluia, alleluia!** Glory to the Father, the Son, and the Holy Spirit: to God Who is, Who was, and Who is to come. **Alleluia!**

**Gospel** John 3:16-18

**A reading from the holy Gospel according to John**

Jesus said to Nicodemus, ‘God loved the world so much that He gave His only Son, so that everyone who believes in Him may not be lost but may have eternal life. For God sent His Son into the world not to condemn the world, but so that through Him the world might be saved. No one who believes in Him will be condemned; but whoever refuses to believe is condemned already, because he has refused to believe in the name of God’s only Son.’

**The Gospel of the Lord.**

**Communion Antiphon:** Since you are children of God, God has sent into your hearts the Spirit of His Son, the Spirit Who cries out: Abba, Father.

**The Most Holy Trinity from the Catechism of the Catholic Church §233-237, 732:**

Christians are baptised in the name of the Father and of the Son and of the Holy Spirit: not in their names, for there is only one God, the almighty Father, His only Son and the Holy Spirit: the Most Holy Trinity.

The mystery of the Most Holy Trinity is the central mystery of Christian faith and life. It is the mystery of God in Himself. It is therefore the source of all the other mysteries of faith and the light that enlightens them. It is the most fundamental and essential teaching in the "hierarchy of the truths of faith".

The Trinity is a mystery of faith in the strict sense, one of the mysteries that are hidden in God, which can never be known unless they are revealed by God. To be sure, God has left traces of His Trinitarian being in His work of creation and in His Revelation throughout the Old Testament. But His inmost Being as Holy Trinity is a mystery that is inaccessible to reason alone or even to Israel's faith before the Incarnation of God's Son and the sending of the Holy Spirit.

On Pentecost Day, the Holy Trinity was fully revealed as the third person is manifest. The Father and the Son send the Spirit into the world to bring to birth the Church and so open the Kingdom of God to all who believe in Christ.

## PARISH OFFICE HOURS THIS WEEK

Mon, 1 June & Friday, 5 June - 8am to 1pm

Tues, 2 June - 8am to 12pm

## MASS INTENTIONS FOR THE WEEK

**We pray for:** Repose of all those whose death anniversary occurs at this time, especially Susan Spackman; Repose of all souls in Purgatory.

**the Recently Deceased:** Helen Katon, Betty Dodd.

**the sick:** Shayne O'Brien, Bernice Murray, Jennifer Wheeler, Christina O'Brien, Chris Perceval, Julie Daley, Christopher Pay, Lara Bentley, Elizabeth Albany, Fr David Crabb, Rebecca Lane, Brian Barker, and all the sick members of our parish. **Please contact the Parish Office to add/remove names to/from the Sick List and if you know a sick parishioner who would appreciate a visit from the priest.**

## LITURGY THIS WEEK—JUNE

Mon 1st: No Mass—Church open from 8am to 1pm

Tues 2nd: 8.30am Rosary, 9am Holy Mass, Confessions at HTS: 11am Yr 6L, 11.40am Yr 7R

Wed 3rd: 6.30am Holy Mass

Thurs 4th: 11.30am Rosary, 12 Noon Holy Mass

Fri 5th: 9.30am Yr 1D Liturgy at SH, 11.30am Rosary, 12 Noon Holy Mass, 12.30 Adoration, 12.45pm - 1.15pm Confession, 1.20pm Benediction

Sat 6th: 8am Confession, 8.30am Rosary, 9am Holy Mass 4.45pm - 5.15pm Confession, 5pm Rosary, 5.30pm Holy Mass

Sun 7th: 8am Confession, 8.30am Rosary, 9am Holy Mass

**Detailed Weekday Liturgy Schedule:** This can be found on the noticeboards in the church and on the parish website.

## PARISH NOTICES & EVENTS

### UPCOMING PARISH EVENTS

**Ladies Lunch:** Thurs 4 June 2026, 12.30pm. Location Country Kitchen Courtyard Café, 120 Otho Street

**Men's Breakfast:** Wed 10 June 2026, 8.00am The Haven Café, 140 Byron Street (across the alley from the Telstra shop)

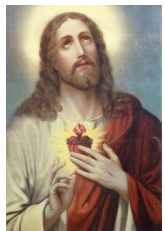
**Women's Breakfast:** Fri 12 June 2026, 8.00am The Haven Café

**Sunday Morning Tea:** Sun 14 June 2026, after Mass

**Liturgy Committee Meeting:** Sat 20 June 2026, 9am

**Altar Society Roster For June:** Holy Trinity Team

**Reflection:** This Sunday's reflection may be read on the parish website (Resources>Parish News) or on the parish Facebook page on Sunday morning.



### June - the Month of the Sacred Heart of Jesus

The symbol of the Sacred Heart of Jesus is a calling for all to put Jesus Christ into the centre of their lives. In June we especially honour the humility, love, and mercy of Our Blessed Lord Who died in atonement for our sins. Let us not forget His tremendous sacrifice and strive to make reparation for all the grave offences that are committed against His Sacred Heart through humanity's sinful pride and arrogance.

Our Parish is named for the Sacred Heart of Jesus. This coming month of June is a perfect opportunity to develop/

strengthen our devotion to the Sacred Heart. Four simple ways to do this are:

1. Pray a Prayer to the Sacred Heart daily;
2. Visit our Church and spend time in front of the Blessed Sacrament. Your presence is a gesture of love for Him.
3. Give up something (like in lent) in reparation for the offences committed against the Sacred Heart of Jesus.
4. Pray the Novena to the Sacred Heart from 3 June to 11 June.

### Novena to the Sacred Heart of Jesus

O my Jesus, You have said: "Truly I say to you, ask and it will be given you, seek and you will find, knock and it will be opened to you." Behold, I knock, I seek and ask for the grace of [mention your request here]. Our Father... Hail Mary... Glory Be... Sacred Heart of Jesus, I place all my trust in You.

O Sacred Heart of Jesus, for Whom it is impossible not to have compassion on the afflicted, have pity on us miserable sinners and grant us the grace which we ask of You, through the Sorrowful and Immaculate Heart of Mary, Your tender Mother and ours. Hail, Holy Queen... St. Joseph, foster father of Jesus, pray for us.

### Corpus Christi

Next Sunday, being the Solemnity of Corpus Christi, there will be Benediction as the Final Blessing followed by half an hour of Adoration.

### Sacrament of Confirmation

Please continue to pray for all our Confirmation candidates and their families. The Sacrament of Confirmation will be given at the 5.30pm Mass on Sat 13 June.

### Thank You from Tony & Anne Dale

Tony and Anne extend their sincere thanks to Fr Juvi and all parishioners who attended their farewell morning tea. They found it extremely heartwarming and will have many fond memories of their 49 years as members of the Sacred Heart Parish community.

### PLANNED GIVING PROGRAM FOR THE SUPPORT OF THE CLERGY AND THE PARISH

#### 1st Collection: Presbytery (for support of priest)

BSB No. 082105 Account No. 001023550

Ac. Name: Sacred Heart Presbytery Inverell Savings Ac.

#### 2nd Collection: Church upkeep, maintenance, expenses

BSB No. 082105 Account No. 001013072

Ac. Name: Sacred Heart Parish Inverell

For those on the Planned Giving Program could you please quote your surname and envelope number for the reference.

If you wish to join the planned giving program, please contact the parish office.

### Sunday Missal (Red Missal) for Sunday Mass:

\* Proper of Mass, Page 382

\* Preface of the Most Holy Trinity, Pg 44

\* Eucharistic Prayer No. 1, Pg 61 or No. 3 Pg 72

### Weekday Missal (Blue Missal) for Weekday Masses:

Ninth Week of Ordinary Time commences on Pg 1058