



Sacred Heart Parish (Canonically Erected 1868) Roman Catholic Diocese of Armidale

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THE MOST HOLY BODY AND BLOOD OF CHRIST (CORPUS CHRISTI) - YEAR A - 7 JUNE 2026



“Jesus Christ gives Himself entirely to us; He unites His Sacred Body with ours; and, by this union, we become one and the same spirit with Him.

As the food which we take nourishes our body, so the Holy Eucharist is the nourishment of our soul. For even as our bodily food is changed into our substance, so the Holy Eucharist transforms us into Jesus Christ.”

- St John Baptist de la Salle

Entrance Antiphon: He fed them with the finest wheat and satisfied them with honey from the rock.

First Reading Deuteronomy 8:2-3, 14-16

A reading from the book of Deuteronomy

Moses said to the people: ‘Remember how the Lord your God led you for forty years in the wilderness, to humble you, to test you and know your inmost heart – whether you would keep His commandments or not. He humbled you, He made you feel hunger, He fed you with manna which neither you nor your fathers had known, to make you understand that man does not live on bread alone but that man lives on everything that comes from the mouth of the Lord.

‘Do not then forget the Lord your God Who brought you out of the land of Egypt, out of the house of slavery: Who guided you through this vast and dreadful wilderness, a land of fiery serpents, scorpions, thirst; Who in this waterless place brought you water from the hardest rock; Who in this wilderness fed you with manna that your fathers had not known.’

The word of the Lord.

Responsorial Psalm Ps 147:12-15, 19-20

R: Praise the Lord, Jerusalem.

1. O praise the Lord, Jerusalem! Zion, praise your God! He has strengthened the bars of your gates, He has blessed the children within you.

2. He has established peace on your borders, He feeds you with finest wheat. He sends out His word to the earth and swiftly runs His command.

3. He makes His word known to Jacob, to Israel His laws and decrees. He has not dealt thus with other nations; He has not taught them His decrees.

Second Reading 1 Corinthians 10:16-17

A reading from the first letter of St Paul to the Corinthians

The blessing-cup that we bless is a communion with the blood of Christ, and the bread that we break is a communion with the body of Christ. The fact that there is only one loaf means that, though there are many of us, we form a single body because we all have a share in this one loaf.

The word of the Lord.

Sequence

Behold the bread of angels, sent
For pilgrims in their banishment,
The bread for God’s true children meant,

That may not unto dogs be given:

Oft in the olden types foreshadowed;

In Isaac on the altar bowed,

And in the ancient paschal food,

And in the manna sent from heaven.

Come then, Good Shepherd, bread divine,

Still show to us Thy mercy sign;

Oh, feed us still, still keep us Thine;

So may we see Thy glories shine

In fields of immortality;

O Thou, the wisest, mightiest, best,

Our present food, our future rest,

Come, make us each Thy chosen guest,

Co-heirs of Thine, and comrades blest

With saints whose dwelling is with Thee.

Gospel Acclamation John 6:51-52

Alleluia, alleluia! I am the living bread from heaven, says the Lord; whoever eats this bread will live for ever.

Alleluia!

Gospel John 6:51-58

A reading from the holy Gospel according to John

Jesus said to the Jews: ‘I am the living bread which has come down from heaven. Anyone who eats this bread will live for ever; and the bread that I shall give is My flesh, for the life of the world.’ Then the Jews started arguing with one another: ‘How can this man give us His flesh to eat?’ they said.

Jesus replied: ‘I tell you most solemnly, if you do not eat the flesh of the Son of Man and drink His blood, you will not have life in you. Anyone who does eat My flesh and drink My blood has eternal life, and I shall raise him up on the last day. For My flesh is real food and My blood is real drink. He who eats My flesh and drinks My blood lives in Me and I live in him. As I, Who am sent by the living Father, Myself draw life from the Father, so whoever eats Me will draw life from Me. This is the bread come down from heaven; not like the bread our ancestors ate: they are dead, but anyone who eats this bread will live for ever.’

The Gospel of the Lord.

Communion Antiphon: Whoever eats My flesh and drinks My blood remains in Me and I in him, says the Lord.

PARISH OFFICE HOURS THIS WEEK

Mon, 8 June—Closed, Tues, 9 June - 8am to 12pm
Friday, 12 June - 8am to 1pm

MASS INTENTIONS FOR THE WEEK

We pray for: Repose of all those whose death anniversary occurs at this time, especially George Sherry & Roza Lia Lazar; Repose of all souls in Purgatory.

the Recently Deceased: Fr Frank Coorey, Helen Katon, Betty Dodd.

the sick: Erin Muggleton, Bernice Murray, Jennifer Wheeler, Christina O'Brien, Chris Perceval, Julie Daley, Christopher Pay, Lara Bentley, Elizabeth Albany, Fr David Crabb, Rebecca Lane, Brian Barker, and all the sick members of our parish. **Please contact the Parish Office to add/remove names to/from the Sick List and if you know a sick parishioner who would appreciate a visit from the priest.**

LITURGY THIS WEEK

Mon 8th: No Mass—Church closed
Tues 9th: 8.30am Rosary, 9am Holy Mass, 10.10am Yr 8T Confessions at HTS & 10.50am Confirmandi Confessions at SH and Confirmation Practice
Wed 10th: 6.30am Holy Mass
Thurs 11th: 11.30am Rosary, 12 Noon Holy Mass, 12.30pm Holy Hour, 12.45pm - 1.30pm Confession
Fri 12th: 8.45am Rosary, 9.30am Yr 5M Holy Mass, 4.30pm Holy Hour, 5pm - 5.30pm Confession
Sat 13th: 8.30am Rosary, 9am Holy Mass, Tingha: 3pm Holy Mass, Inverell: 4.45pm - 5.15pm Confession, 5pm Rosary, 5.30pm Holy Mass (Confirmation)
Sun 14th: 8am Confession, 8.30am Rosary, 9am Holy Mass

Detailed Weekday Liturgy Schedule: This can be found on the noticeboards in the church and on the parish website.

PARISH NOTICES & EVENTS

UPCOMING PARISH EVENTS

Men's Breakfast: Wed 10 June 2026, 8.00am The Haven Café, 140 Byron Street (across the alley from the Telstra shop)

Women's Breakfast: Fri 12 June 2026, 8.00am The Haven Café

Sunday Morning Tea: Sun 14 June 2026, after Mass

Liturgy Committee Meeting: Sat 20 June 2026, 9am

Ladies Lunch: Thurs 2 July 2026, 12.30pm. Location Country Kitchen Courtyard Café, 120 Otho Street

Altar Society Roster For June: Holy Trinity Team

Reflection: This Sunday's reflection may be read on the parish website (Resources>Parish News) or on the parish Facebook page on Sunday morning.

Visit by Bishop Peter Murphy

Bishop Murphy will be arriving on Friday 12 June for his pastoral visit. He will officiate at both weekend Masses on 13/14 June.

Sacrament of Confirmation

Please continue to pray for all our Confirmation candidates and their families. The Sacrament of Confirmation will be next weekend at the 5.30pm Mass on Saturday, 13 June.

Morning Tea

Morning Tea will be held after the 9am Mass next Sunday. Please bring a plate of delicacies to share. There will also be a sausage sizzle.

Corpus Christi

The great Feast of Corpus Christi is a yearly reminder of how we should treat this beautiful and awesome sacrament. Some important points to remember:

◆ the presence of Christ in the Blessed Sacrament is unique and raises the Eucharist above all the other sacraments.

◆ the Eucharistic presence of Christ begins at the moment of consecration and endures as long as the Eucharistic species subsists; and so prayer after Holy Communion is important.

◆ genuflection (going down on the right knee) is the way to show honour and respect to the presence of Christ; bowing is done to the crucifix, statues, and relics.

◆ a double genuflection (going down on both knees) is the way to show honour and respect to the Blessed Sacrament when exposed in the monstrance.

◆ when passing in front of the tabernacle from one side of the church to the other, a genuflection is required.

◆ only a baptised Catholic in the state of grace may receive Holy Communion; one who is conscious of grave sin should not receive without going to sacramental confession.

◆ a fast from food and drink (except water and medicine) for one hour is required before receiving Holy Communion

◆ the reception of Holy Communion kneeling and on the tongue is a right given to each of the faithful both by law as well as by tradition. The reception of Holy Communion standing and on the hand is an exception granted by the permission of the Apostolic See (i.e. the Pope).

◆ any Catholic who is not prevented by law must be admitted to Holy Communion.

◆ non-Catholics and non-Christians may not be admitted to Holy Communion.

Use of Parish Toilet

A reminder that all children must be accompanied by their parent/guardian when using the toilet or leaving the Church for any other reason.

PLANNED GIVING PROGRAM FOR THE SUPPORT OF THE CLERGY AND THE PARISH

1st Collection: Presbytery (for support of priest)

BSB No. 082105 Account No. 001023550

Ac. Name: Sacred Heart Presbytery Inverell Savings Ac.

2nd Collection: Church upkeep, maintenance, expenses

BSB No. 082105 Account No. 001013072

Ac. Name: Sacred Heart Parish Inverell

For those on the Planned Giving Program could you please quote your surname and envelope number for the reference. If you wish to join the planned giving program, please contact the parish office.

Sunday Missal (Red Missal) for Sunday Mass:

* Proper of Mass, Page 385

* Preface I or II of the Most Holy Eucharist, Pg 46-47

* Eucharistic Prayer No. 1, Pg 61 or No. 3 Pg 72

Weekday Missal (Blue Missal) for Weekday Masses:

Tenth Week of Ordinary Time commences on Pg 1070